**REMINDERS**

We are coming in to the Cold and Flu season and little ones love to share things, including their germs!! Below are the symptoms your loved one will need to be free of before returning to preschool:

**No fever within the last 24 hrs without medication**

**Severe cough or phlegm–producing cough**

**Thick, colored nasal discharge**

**Sore throat with fever or swollen glands**

**Must have been on antibiotic for more than 24 hours**

**Cannot have three or more watery stools in a 24 hr period**

**Body Rash**

**Chicken pox sores that are still infected**

**Hand, Foot and Mouth sores are still open**

**Thick mucus or drainage from the eyes**

**No vomiting in the last 24 hours**

If your kiddo isn’t acting himself/herself or needs some extra loving that day, it is usually best to keep them at home with you and give them that extra time together.